

Pre-service Song

Trust and Obey

When we walk with the Lord in the light of His Word
What a glory He sheds on our way!
While we do His good will; He abides with us still
And with all who will trust and obey. (Chorus)

Chorus

**Trust and obey, for there's no other way
To be happy in Jesus, But to trust and obey.**

Ev'ry burden we bear, ev'ry sorrow we share,
All our toil He doth richly repay;
Even grief, pain, and loss, as we carry a cross,
Will be blessed as we trust and obey. (Chorus)

Be we never can prove, the delights of His love
Until all on the altar we lay;
For the favor He shows and the joy He bestows
Are for them who will trust and obey. (Chorus)

Then in fellowship sweet we will sit at His feet
Or we'll walk by His side in the way;
What He says we will do, where He sends we will go;
Never fear, only trust and obey. (Chorus)

Words by John H. Sammis, Music by Daniel B. Towner
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Call To Worship

We confess the supremacy of God in Christ through both responsive reading and song.

Our Spoken Call to Worship

Psalms 46:1-3, 8-11 (ESV)

God is our refuge and strength,
a very present help in trouble.

**Therefore we will not fear
though the earth gives way,
though the mountains be moved
into the heart of the sea,
though its waters roar and foam,
though the mountains tremble at its swelling.**

Come, behold the works of the Lord,
how he has brought desolations on the earth.
He makes wars cease to the end of the earth,
he breaks the bow and shatters the spear;
he burns the chariots with fire.

**“Be still, and know that I am God.
I will be exalted among the nations,
I will be exalted in the earth!”**

**The Lord of hosts is with us;
the God of Jacob is our fortress.**

Our Sung Call to Worship

God is For Us

We won't fear the battle, we won't fear the night.
We will walk the valley with You by our side.
You will go before us, You will lead the way.
We have found a refuge, only You can save.

Chorus

**Sing with joy now, "Our God is for us."
The Father's love is a strong and mighty fortress.
Raise your voice now, no love is greater.
Who can stand against us if our God is for us.**

Even when I stumble, even when I fall.
Even when I turn back, still Your love is sure.
You will not abandon, You will not forsake.
You will cheer me onward with never-ending grace. (Chorus)

Neither height nor depth can separate us,
Hell and death will not defeat us.
He who gave His Son to free us
Holds me in His love. (Repeat)

**Sing with joy now, "Our God is for us."
The Father's love is a strong and mighty fortress.
Raise your voice now, no love is greater.
Who can stand against us if our God is for us. (Repeat)**

By James Ferguson, James Tealy, Jesse Reeves, Jonny Robinson, Michael Farren, Rich Thompson, and
Tiarne Tranter
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Alleluia! Music; My Eleiht Songs

Confession

We confess our need for mercy through both responsive reading and song.

Our Spoken Confession

Psalms 51:1-4, 10-12 (ESV)

Have mercy on me, O God,
according to your steadfast love;
according to your abundant mercy
blot out my transgressions.

**Wash me thoroughly from my iniquity,
and cleanse me from my sin.
For I know my transgressions,
and my sin is ever before me.**

Against you, you only, have I sinned
and done what is evil in your sight,
so that you may be justified in your words
and blameless in your judgment.

**Create in me a clean heart, O God,
and renew a right spirit within me.
Cast me not away from your presence
and take not your Holy Spirit from me.**

**Restore to me the joy of your salvation.
and uphold me with a willing spirit.**

Time of silent confession.

Our Sung Confession

He Will Hold Me Fast

When I fear my faith will fail,
Christ will hold me fast;
When the tempter would prevail,
He will hold me fast.
I could never keep my hold
Through life's fearful path;
For my love is often cold;
He must hold me fast. (Chorus)

Chorus

**He will hold me fast,
He will hold me fast;
For my Savior loves me so,
He will hold me fast.**

Those He saves are His delight,
Christ will hold me fast;
Precious in His holy sight,
He will hold me fast.
He'll not let my soul be lost;
His promises shall last;
Bought by Him at such a cost,
He will hold me fast. (Chorus)

For my life He bled and died,
Christ will hold me fast;
Justice has been satisfied;
He will hold me fast.
Raised with Him to endless life,
He will hold me fast
'Till our faith is turned to sight,
When He comes at last! (Chorus)

By Ada Ruth Habershon and Matthew Merker
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Assurance and Peace

We profess our assurance of salvation and peace in Christ through both responsive reading and song.

Remember the Gospel

Romans 3:23-24; Psalm 18:2, 46 (ESV)

For all have sinned and fall short of the glory of God,
and are justified by his grace as a gift,
through the redemption that is in Christ Jesus.
**The Lord is my rock and my fortress and my deliverer,
my God, my rock, in whom I take refuge,
my shield, and the horn of my salvation, my stronghold.**
The Lord lives, and blessed be my rock,
and exalted be the God of my salvation.

Our Sung Profession of Assurance

How Firm a Foundation

How firm a foundation, you saints of the Lord,
Is laid for your faith in His excellent Word!
What more can He say than to you He has said,
To you who for refuge to Jesus have fled?

"Fear not, I am with you; O be not dismayed,
For I am your God, I will still give you aid;
I'll strengthen you, help you, and cause you to stand,
Upheld by My righteous, omnipotent hand."

"When through fiery trials your pathway shall lie,
My grace, all sufficient, shall be your supply;
The flame shall not hurt you; I only design
Your dross to consume, and your gold to refine."

"The soul that on Jesus has leaned for repose
I will not, I will not desert to its foes;
That soul, though all hell should endeavor to shake,
I'll never, no, never, no, never forsake!"

Words by John Rippon, Music by Joseph Funk
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Thanksgiving and Petition

We Give Thanks in Prayer and Offer Petitions to God

We express our gratitude to God our Father for Christ's work on the cross for us and bring our requests before him. In bringing our requests, we confess that we believe God truly is a good father, who cares about our needs and gives us what he knows is best.

We Give Thanks by Giving

We give financial offerings to support the work of the church because of our gratitude to God. By giving we confess we are trusting in God's provision for us as well.

You may give electronically at gabccames.org/giving/ or place your offering in the boxes at the back of the sanctuary or send a check in the mail.

Scripture Reading

Jonah 1:1-17 (ESV)

¹ Now the word of the Lord came to Jonah the son of Amittai, saying, ² "Arise, go to Nineveh, that great city, and call out against it, for their evil has come up before me." ³ But Jonah rose to flee to Tarshish from the presence of the Lord. He went down to Joppa and found a ship going to Tarshish. So he paid the fare and went down into it, to go with them to Tarshish, away from the presence of the Lord.

⁴ But the Lord hurled a great wind upon the sea, and there was a mighty tempest on the sea, so that the ship threatened to break up. ⁵ Then the mariners were afraid, and each cried out to his god. And they hurled the cargo that was in the ship into the sea to lighten it for them. But Jonah had gone down into the inner part of the ship and had lain down and was fast asleep. ⁶ So the captain came and said to him, "What do you mean, you sleeper? Arise, call out to your god! Perhaps the god will give a thought to us, that we may not perish."

⁷ And they said to one another, "Come, let us cast lots, that we may know on whose account this evil has come upon us." So they cast lots, and the lot fell on Jonah. ⁸ Then they said to him, "Tell us on whose account this evil has come upon us. What is your occupation? And where do you come from? What is your country? And of what people are you?" ⁹ And he said to them, "I am a Hebrew, and I fear the Lord, the God of heaven, who made the sea and the dry land." ¹⁰ Then the men were exceedingly afraid and said to him, "What is this that you have done!" For the men knew that he was fleeing from the presence of the Lord, because he had told them.

¹¹ Then they said to him, "What shall we do to you, that the sea may quiet down for us?" For the sea grew more and more tempestuous. ¹² He said to them, "Pick me up and hurl me into the sea; then the sea will quiet down for you, for I know it is because of me that this great tempest has come upon you." ¹³ Nevertheless, the men rowed hard to get back to dry land, but they could not, for the sea grew more and more tempestuous against them. ¹⁴ Therefore they called out to the Lord, "O Lord, let us not perish for this man's life, and lay not on us innocent blood, for you, O Lord, have done as it pleased you." ¹⁵ So they picked up Jonah and hurled him into the sea, and the sea ceased from its raging. ¹⁶ Then the men feared the Lord exceedingly, and they offered a sacrifice to the Lord and made vows. ¹⁷ And the Lord appointed a great fish to swallow up Jonah. And Jonah was in the belly of the fish three days and three nights.

This is the word of the Lord.

**The grass withers and the flower falls
but the word of the Lord endures forever.**

Sermon

Jonah 1:1-17 – The King's Ambassadors: Let Me Take You Down – David Baum

Sermon Discipleship Questions

1. What encouraged you?
2. What convicted you?
3. Is there anything in your life that needs to change?

Jesus, Strong and Kind (Distribution Song)

Jesus said that if I thirst,
I should come to Him.
No one else can satisfy,
I should come to Him.

Jesus said if I am weak,
I should come to Him.
No one else can be my strength,
I should come to Him.

Chorus

**For the Lord is good and faithful.
He will keep us day and night.
We can always run to Jesus.
Jesus, strong and kind.**

Jesus said that if I fear,
I should come to Him.
No one else can be my shield.
I should come to Him. (Chorus)

Jesus said if I am lost,
He will come to me.
And He showed me on that cross.
He will come to me.

**For the Lord is good and faithful.
He will keep us day and night.
We can always run to Jesus.
Jesus, strong and kind. (Repeat)**

Jesus, strong and kind.

By Colin Buchanan, Michael Farren, Jonny Robinson and Rich Thompson
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Celebration of the Lord's Supper

Sending

Having heard and confessed the Gospel, we are sent into the world on mission in Christ, which we express in both song and spoken word.

Sending Song

Trust and Obey

When we walk with the Lord in the light of His Word
What a glory He sheds on our way!
While we do His good will; He abides with us still
And with all who will trust and obey. (Chorus)

Chorus

Trust and obey, for there's no other way
To be happy in Jesus, But to trust and obey.

Ev'ry burden we bear, ev'ry sorrow we share,
All our toil He doth richly repay;
Even grief, pain, and loss, as we carry a cross,
Will be blessed as we trust and obey. (Chorus)

Be we never can prove, the delights of His love
Until all on the altar we lay;
For the favor He shows and the joy He bestows
Are for them who will trust and obey. (Chorus)

Then in fellowship sweet we will sit at His feet
Or we'll walk by His side in the way;
What He says we will do, where He sends we will go;
Never fear, only trust and obey. (Chorus)

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Blessing

Numbers 6:24-26 (ESV)

The LORD bless you and keep you;
the LORD make his face to shine upon you
and be gracious to you;
the LORD lift up his countenance upon you
and give you peace.

Amen.

Scripture text for next Sunday: John 14:15-31